



George A. Mighion, DDS

Smile

Making first impressions memorable

Temporary Crowns:

You are leaving our office in a temporary crown that was placed to protect the tooth and prevent the surrounding teeth from shifting. The temporary crown is not strong and may break or come off. If it does, ***please contact our office immediately!***

To prevent the temporary from coming off:

- Avoid sticky foods like gum, caramels, taffy, etc.
- Avoid hard foods like hard candies, ice, tough meats, etc.

Some discomfort is normal, *but if you feel any pain or discomfort in the tooth, any sensitivity to hot or cold, or your bite feels uneven, please contact our office prior to the delivery of your permanent crown.* If you have any gum sensitivity or inflammation, you can rinse with warm salt water in that area. The gum tissue will heal within a couple of days.

Any dental procedure that keeps your mouth open for an extended period of time can cause soreness and stiffness in your jaw and surrounding muscles. If this happens, you can use anti-inflammatory medications, and avoid opening your mouth extremely wide or chewing foods that cause discomfort.

Continue to brush and floss daily around your temporary crown to keep your gums as healthy and clean as possible. Pull the floss through the side to prevent the temporary from coming off.