

Before Sedation Instructions

Initial below:

- ___ 1). NO FOOD/DRINK 6 HOURS PRIOR TO APPOINTMENT (MAY TAKE SIPS WITH MEDICATIONS)
- ___ 2). NO SEDATIVES FOR 24 HOURS (ALCOHOL, MARIJUANA) PRIOR TO SEDATION
- ___ 3). NO STIMULI 12 HOURS PRIOR TO SEDATION (NICOTINE, SUGAR, CAFFIENE)
- ___ 4). DO NOT WEAR CONTACT LENSES DURING APPOINTMENT
- ___ 5). MUST HAVE RESPONSIBLE DRIVER TO BRING AS WELL AS TAKE HOME, AND WHO CAN REMAIN WITH YOU FOR A MINIMUM OF 4 HOURS

After Sedation Instructions

Initial below:

- ___ 1). PATIENT CANNOT DRIVE FOR 24 HOURS AFTER SEDATION
- ___ 2). DO NOT OPERATE ANY HAZARDOUS DEVICES FOR 24 HOURS
- ___ 3). A RESPONSIBLE PERSON SHOULD BE WITH THE PATIENT UNTIL HE/SHE HAS FULLY RECOVERED FROM THE EFFECTS OF THE SEDATION (MIN. 4 HOURS)
- ___ 4). PATIENT SHOULD NOT GO UP AND DOWN STAIRS UNATTENDED.
- ___ 5). PATIENT CAN EAT WHENEVER AND WHATEVER HE/SHE WANTS (UNLESS OTHERWISE NOTED)
- ___ 6). PATIENT NEEDS TO DRINK PLENTY OF FLUIDS THROUGHOUT THE REMAINING DAY TO PREVENT A HANG-OVER FEELING
- ___ 7). PATIENT MAY SLEEP FOR A LONG PERIOD OF TIME OR MAY BE ALERT WHEN HE/SHE LEAVES. ATTEND TO BOTH ALERT OR SLEEPY PATIENT IN THE SAME MANNER, DON'T TRUST HIM/HER ALONE
- ___ 8). ALWAYS HOLD PATIENT'S ARM WHEN WALKING
- ___ 9). PATIENT SHOULD NOT CARRY, SLEEP NEXT TO OR BE LEFT ALONE WITH THE ELDERLY OR YOUNG CHILDREN FOR A PERIOD OF NO LESS THAN 24 HOURS AFTER THE LAST DOSAGE OF MEDICATION
- ___ 10). NO SEDATIVES FOR 24 HOURS (ALCOHOL, MARIJUANA)
- ___ 11). NO NICOTINE FOR 4 HOURS AFTER SEDATION UNLESS OTHERWISE NOTED
- ___ 12). NO IMPORTANT DECISIONS
- ___ 13). NO HEAVY LIFTING

I UNDERSTAND NOT FOLLOWING THESE INSTRUCTIONS CAN LEAD TO BODILY HARM TO MYSELF OR OTHERS

SIGNATURE OF PATIENT

DATE

SIGNATURE OF DRIVER

DATE